## Rotary Seniors of the Month of October

By Lily Fay

Eliot Long and Sarah Brown are recognized as the two Rotary Seniors of the Month of October, 2022. They have both shown excelling performance in their high school career, and have positive futures ahead of them.



(Left to right: Eliot Long and his parents, Dr. Fischer, Sarah Brown and her parents).

Eliot is the Vice President of Science National Honor Society, as well as a member of the school chess club, the Chester County Academic Competition team, and the marching band.

Eliot has been playing the trumpet since 4th grade, and during high school he has been featured performing the trumpet taps for each years' 9/11 choir performance. Eliot has also gotten the opportunity to play with the band during Oxford's football games as well as the Marching Band in the Halloween parades, where the band dresses up as zombies and performs the song, "Thriller."

Despite hesitation at first, Eliot decided to take AP Psychology during his senior year and now thoroughly suggests the course. The course, which focuses on human beings as well as animals, is designed to introduce students to the systematic and scientific study of behavior and mental processes. Eliot concludes that it is very different from the other classes he has taken, and is a fascinating course that he strongly recommends.

Eliot is currently enrolled in several AP classes that include AP Physics, AP Computer Science Principles, AP Calculus BC, AP Literature and Composition, AP Psychology, and AP Statistics. He has previously taken AP European History, AP Chemistry, AP Government and Politics, AP Calculus AB, and AP Language and Composition. Upon the question of what his favorite AP class has been during his high school career, Eliot responds saying that, "My favorite class has definitely been AP chem with Mr. Urig." Eliot adds that he has always loved being creative, and thinking of ways to solve problems, and Chemistry encouraged him to go more into depth scientifically. Eliot enjoys creating mechanical designs, and he is planning to embody his passion for this subject in the field of engineering.

Eliot gives his advice to upcoming high schoolers to, "Make the best of school. If you need to be at school 7 hours a day, don't skive it off as something pointless if you can use the time to improve or even enjoy yourself. As a senior I've seen how quickly time can flicker by, so I've learned what it means to use my time as a high schooler wisely."

After graduation, Eliot aims to get a job in either mechanical engineering, or a mathematical oriented career, and focus on improving the quality of peoples' lives by investing in the field of renewable energy. He is looking into the University of Delaware, Penn State University, Rutger University, and Carnegie Mellon University.



Sarah Brown is a Science National Honor Society officer, a member of the varsity Academic Competition Team, the Chester County Student Forum, Envirothon, and the Spanish Honors Society, English Honor Society, Science Honor Society, and National Honor Society.

Sarah was a member of competition cheer from fourth grade until her junior year of high school. She qualified for the varsity squad when she was a freshman and maintained that role all through her three seasons of cheering. Sarah notes that her favorite cheer memory was a Homecoming pep rally when she was feeling intimidated by the stunts as a flyer. She states that, "I started the routine and my stunts had been going pretty well, but near the end, a particular stunt was worrying me whether I would fall or not. I don't think I'll ever forget the moment I set up for that stunt and my upperclassman base could tell I was nervous, and she told me, "You got this." Such a small encouragement meant the world to me and I had never felt more confident as a freshman flyer. Hearing encouragement from teammates that have more experience really makes a difference in confidence."

Sarah has also taken many AP courses. These include AP U.S. Government and Politics, AP Biology, AP English Literature, AP Psychology, AP Statistics, and AP European History. She mentions that her favorite course was AP Biology with Mrs. Anderson. Sarah is also involved in Helping Hands, where lots of volunteer hour experiences arise, such as tutoring, reading and teaching English to kids, helping with the construction of essays for students, environmental assistance, and community help. Sarah states that, "It is empowering to know how much one person can help with volunteering, let alone a group of people or an organization."

AP Psychology class is where Sarah found her calling for her intended major, psychiatry. In this class, she learned about groups of different mental illnesses/disorders, and the effects that go with them and the treatment that can be used to minimize these effects. Sarah grew intrigued to study this, and began to want to know more about how she can help patients that have certain minds, emotions, and behaviors improve along with healing their wellness.

To upcoming high schoolers, Sarah highly suggests that, "one schedules themself with a variety of different classes to get an understanding of what fits their learning. These classes, once they find them, are worthwhile and they will find themself feeling like the class benefited them rather than it being a necessary stressor."

Currently, Sarah is looking into schools such as the University of Delaware, Carnegie Mellon University, and the University of Pittsburgh, to further advance her interest in psychiatry, and her motivation to help patients in her near future.

